Sport Science (B.A./B.Sc.)

General advice regarding studies
Study and Career Counselling Service – Zentrale Studien- und Karriereberatung

Application procedures / Entry requirements
Admissions Office - Immatrikulationsamt

StudierendenServiceCenter
Campus Haarentor A12
26129 Oldenburg
0441-798-2728
studium@uni-oldenburg.de
www.uni-oldenburg.de/en/students/service-advice

Further Information

Homepage Sport Science
www.uni-oldenburg.de/en/sport-science

Courses of Study
www.uni-oldenburg.de/en/students/degree-programmes

Teaching Qualification with Bachelor and Master
www.uni-oldenburg.de/en/students/teaching-careers

Funding
www.uni-oldenburg.de/studium/finanzierung

Contacts

Questions about courses of studies
Academic Advisor
Björn Staas
Phone: +49 (0)441-798-4767
E-mail: bojorn.staas@uni-oldenburg.de

Sven-Erik Schmidt-Seidel
Phone: +49 (0)441-798-3169
E-Mail: sven.erik.schmidt.seidel@uni-oldenburg.de

Student Association Sport Science
E-mail: fssport@uni-oldenburg.de
Internet: www.uni-oldenburg.de/sport/das-institut/fachschaft

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Sport Science is a cross-sectional study programme at Oldenburg University. It is featured by its alliance of theory and practise as well as its interdisciplinarity. Common ground is the perspective for pedagogical, sociological, motion and training studies as well as medical perspectives in human motion behaviour of all age groups, milieus and gender in its various forms of modern culture of sport, games and movement/exercise. Above all questions concerning to the relevance of body exercise for the creation of subjects as well as the relation of lifestyles and the (re-) production of social structures are of special interest.

Study structure and contents

Sport Science (B.A./B.Sc.) can be studied in the Dual-Subject Bachelor in two ways:

- as first or second subject with 60 (KP) credit points each (combined with a 60 (KP) credit point subject)
- as 30 (KP) credit point subject (combined with a 90 (KP) credit point subject)

The Dual-Subject Bachelor can either be studied as a teacher training programme or as an academic programme for a non-teaching career.

During the course of a six semester Bachelor, you will acquire a total of 180 (KP) credit points, which are divided among the two subjects (120 KP), modules of professionalization (30 KP), internships (15 KP) and the bachelor thesis (15 KP).

The Study in Sport Science consists of the following modules:

- **Sport Science (Basic modules)**
  - Specialization in Sport and Education 7.5 KP
  - Specialization in Movement Science and Sport 7.5 KP
  - Learning and analysing 7.5 KP
  - Games, playing 7.5 KP
  - **30 KP**

- **Emphasis: Transfer of Knowledge and Capability (Advanced modules)**
  - Specialization in Exercise Physiology and Sport 7.5 KP
  - Specialization in Sociology and Sport Sociology 7.5 KP
  - Physical Education I 10 KP
  - Physical Education II 5 KP
  - **30 KP**

- **Emphasis: Prevention and Conduct of Life (Advanced modules)**
  - Specialization in Exercise Physiology and Sport 7.5 KP
  - Specialization in Sociology and Sport Sociology 7.5 KP
  - Physical Education I 10 KP
  - Health, Prevention, Rehabilitation and Fitness Sports 5 KP
  - **30 KP**

Basis modules teach the basics of Sport Science in fields of education, movement, training and sociology of sports. In the advanced modules, you have the option to choose between two focal points:

- Transfer of knowledge and capability
- Prevention and lifestyle

For students who aim at M.Ed., the focal point “Transfer of Knowledge and Capability” is obligatory. With the objective of the study Magisterium the BA in Science of Sport is polyvalent, i.e., uniform in structure for all teaching positions. In “Prevention and Lifestyle” you acquire basics of technical competences for extracurricular fields of activity. The following areas in the modules of theory related focal points are treated in a problem-oriented manner:

- Basics of pedagogy of sports
- Basics of movement and training science and sport medicine and sociology of sports
- Theory of body and motion
- Biographie and socialization and health
- Agency and acquisition
- Professionalization in fields of activity of sports

In the modules of the practical areas sport and exercise practice is connected with topics from the following areas:

- Theory of body and motion
- Education, teaching and learning processes
- Biographie and socialization
- Diagnosis of motion and training processes

Focal points in working and research at the Institute of Sport Science:

- Change of sport landscape and its social significance
- Empirical research in habitus
- Reconstructive course of education and educational research
- Medical diagnosis and intervention
- Motion research in sports

Occupational and other Fields of Activity

The study with a main focus on ‘transfer of knowledge and competence’ is a special preparation for a Master of Education programme. The focus on “Prevention and Lifestyle” is relevant for the preparation of working in extracurricular fields of work and professions (fitness and wellness institutions, sports clubs etc.) In the Master studies, teaching degrees as well as qualifications for professionals in research of sports, rehabilitation and prevention and sport and health counselling can be acquired. In addition, the Master (of Arts or Education) allows a doctoral programme.