## Modules for Sport and Lifestyle

### Mastermodule

**spo810 - Body and Movement between of Nature and Culture**

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- **Module responsibility**
  - Thomas Alkemeyer
- **Authorized examiners**
  - Jörg Schorer
  - Matthias Michaeler
  - Florian Loffing
  - Göran Sell
  - Martin Hillebrecht
  - Timm Wöltjen

- **Module counceling**
  - Florian Loffing

### Entry requirements

### Skills to be acquired in this module

### Module contents

### Reader's advisory

### Links

### Languages of instruction
- German, English

### Duration (semesters)
- 2 Semester

### Module frequency

### Module capacity
- unlimited

### Modullevel
- ---

### Modulart
- je nach Studiengang Pflicht oder Wahlpflicht

### Lern-Lehrform / Type of program

### Vorkenntnisse / Previous knowledge

### Examination

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### Total time of attendance for the module
- 168 h
spo820 - Movement and Cultural Scientific Aspects of Lifestyle

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spo830 - Research Methods in Sport Science

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<td>• Florian Loffing</td>
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<td>• Robert Mitschke</td>
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Entry requirements

Skills to be acquired in this module

Module contents

Reader's advisory

Links

Language of instruction
German

Duration (semesters)
2 Semester

Module frequency

Module capacity
unlimited

Modullevel
---

Modulart
je nach Studiengang Pflicht oder Wahlpflicht

Lern-/Lehrform / Type of program

Vorkenntnisse / Previous knowledge

Examination
Time of examination
Type of examination

Final exam of module
G

Course type
Comment
SWS
Frequency
Workload attendance

Tutorial
4.00
56 h

Seminar
4.00
56 h

Werkstatt/Labor
1.00
14 h

Total time of attendance for the module
126 h
spo840 - Specialization in the Cultural and Social Sciences

Module label: Specialization in the Cultural and Social Sciences

Module code: spo840

Credit points: 15.0 KP

Workload: 450 h

Used in course of study: Master Sport und Lebensstil > Mastermodule

Contact person

- Module responsibility
  - Thomas Alkemeyer
- Authorized examiners
  - Denise Baumann
  - Lüder Tietz
  - Timm Wölljen
  - Thomas Alkemeyer

Module counseling

- Florian Loffing

Entry requirements

Skills to be acquired in this module

Module contents

Reader's advisory

Links

Language of instruction: German

Duration (semesters): 1 Semester

Module frequency

Module capacity: unlimited

Module level: ---

Lern-Lehrform / Type of program

Vorkenntnisse / Previous knowledge

Examination: Time of examination: Type of examination

Final exam of module

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Total time of attendance for the module: 112 h
spo850 - Specialization in Movement and Health Science

Module label | Specialization in Movement and Health Science
---|---
Module code | spo850
Credit points | 15.0 KP
Workload | 450 h
Used in course of study | Master Sport und Lebensstil > Mastermodule

Contact person
- Module responsibility
  - Jörg Schorer
  - Dirk Büsch
- Authorized examiners
  - Jörg Schorer
  - Göran Sell
  - Dirk Büsch
  - Florian Loffing
  - Judith Neugebauer
  - Irene Faber
  - Günter D. Klein
- Module counseling
  - Florian Loffing

Entry requirements

Skills to be acquired in this module

Module contents

Reader's advisory

Links

Languages of instruction | German, English
---|---
Duration (semesters) | 1 Semester

Module frequency

Module capacity | unlimited

Lern-/Lehrform / Type of program

Vorkenntnisse / Previous knowledge

Final exam of module
- Time of examination | G

Examination | Time of examination | Type of examination
---|---|---

Course type | Comment | SWS | Frequency | Workload attendance
---|---|---|---|---
Tutorial | | 4.00 | 56 h
Seminar | | 4.00 | 56 h

Total time of attendance for the module | 112 h
**spo860 - Interdisciplinary Studies (Elective Course)**

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<td>• Jörg Schorer</td>
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<td>• Irene Faber</td>
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spo870 - Excursion / Key Competences

Module label: Excursion / Key Competences

Module code: spo870

Credit points: 9.0 KP

Workload: 270 h

Used in course of study: Master Sport und Lebensstil > Mastermodule

Contact person:
- Module responsibility
  - Thomas Alkemeyer
- Authorized examiners
  - Timm Wölljen
  - Alexandra Janetzko
- Module counseling
  - Alexandra Janetzko

Entry requirements:

Skills to be acquired in this module:

Module contents:

Reader's advisory:

Links:

Language of instruction: German

Duration (semesters): 1 Semester

Module frequency:

Module capacity: unlimited

Module level: ---

Module art: je nach Studiengang Pflicht oder Wahlpflicht

Lern-Lehrform / Type of program:

Vorkenntnisse / Previous knowledge:

Examination:

Type of examination:

Final exam of module:

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**spo880 - Profession-Related Practicum**

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**Entry requirements**

**Skills to be acquired in this module**

**Module contents**

**Reader's advisory**

**Links**

**Language of instruction** | German
**Duration (semesters)**    | 1 Semester

**Module frequency**

**Module capacity** | unlimited
**Module level**     | ---
**Modulart**         | je nach Studiengang Pflicht oder Wahlpflicht

**Lern-Lehrform / Type of program**

**Vorkenntnisse / Previous knowledge**

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**Course type** | Seminar
**SWS**        | 2.00

**Frequency**

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**spo890 - Project-based Learning in Sport-Related Fields of Activity**

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**Entry requirements**

**Skills to be acquired in this module**

**Module contents**

**Reader's advisory**

**Links**

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**Lern-/Lehrform / Type of program**

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**Final exam of module**

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**Course type**

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**Total time of attendance for the module**

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Abschlussmodul

mam - Master’s Thesis Module

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| Used in course of study    | Master Sport und Lebensstil > Abschlussmodul |

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<td>Thomas Alkemeyer</td>
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<td>Matthias Schierz</td>
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| Authorized examiners       | Dirk Büsch             |
|                            | Jörg Schorer           |
|                            | Katharina Pöppel       |
|                            | Alexandra Janetzko     |
|                            | Matthias Schierz       |
|                            | Thomas Alkemeyer       |

| Module counseling          | Florian Loffing        |
|                            | Judith Neugebauer      |
|                            | Katharina Pöppel       |

| Entry requirements         |                        |

| Skills to be acquired in this module |                        |

| Module contents             |                        |

| Reader’s advisory           |                        |

| Links                       |                        |

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| Lern-Lehrform / Type of program |                        |

| Vorkenntnisse / Previous knowledge |                        |

<table>
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<td>28 h</td>
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<tr>
<td>Seminar</td>
<td>0 h</td>
<td>28 h</td>
</tr>
</tbody>
</table>

| Total time of attendance for the module | 28 h |